JUNIOR TRIATHLON – UPDATE

Further to our communication last week regarding the Marine Lake not being repaired in time for this year’s Junior races. Our contingency is for Juniors to undertake a swim time trial, please see the confirmed details below:

Saturday 15 June - Swim Time Trials
Time: 6pm.
Location: In the St.Aubin’s Bay, in front of Le Frigate (Same location as the adult course).

Swim Time Trials Information:
Swim Time Trials will be supported by the Aztec Jersey Tristars. They will co-ordinate the schedule on the day.

Each category will complete their distances and when finishing Juniors will need to touch the base of a flag to signify they have finished.

Aztec Jersey Tristars will record all times. These will then be used on Race Day as those who have undertaken the trial will be set off as a pursuit style.

Please note if you cannot make the swim time trials on Saturday, please do not worry as this is not compulsory and you will still be able to participate in the duathlon (Bike+Run only) at the normal time on race day. Those who did not participate in the swim time trial will be set off separately on race day.

**Please notify the organisers if you are NOT attending the swim time trials. If you do not notify them the organisers will assume you are participating.

**Should you wish to swim shoreline only please notify the organisers.

Swim Course Explained:

**Please note all races finish at swim buoy 2.

8yrs (TriStars Starts) - 50m Swim // Buoy 1 – 2 on course map

9-10yrs (TriStars 1) - 100m Swim // Buoy 2 - 1 – 2 on course map

11-12yrs (TriStars 2) - 200m Swim // Buoy 4 – 3 – 2 OR option to do the shoreline course: Buoys 2 – 1 (4 laps of this 50m course)

13-14yrs (TriStars 3) - 300m Swim // Buoy 2 – 4 – 3 – 2 OR option to do the distance shoreline course: Buoys 2 – 1 (6 laps of this 50m course)
1. **Registration, Race Pack Collection, Race Briefings and Bike Checks**

Junior race packs will be available for collection on Saturday 15 June 2019 between 11:00–15:00hrs and can be collected from the Event Marquee which is located in the event space at the Les Jardins car park, the nearest access point to Les Jardin De La Mer.

If for any reason you are unable to collect your race pack on this day, please notify the event organisers in writing. You will be able to collect your race pack on the morning of the event from 05.30am from the Event Marquee and receive an event briefing.

a) **Parking**

Public parking is available for competitors in the public car park at Les Jardins (access via the roundabout outside the Radisson Blue waterfront hotel) on Saturday 15 June 2019 and during the event on Sunday 16 June 2019.

b) **BTF – Full Memberships**

If you already hold a BTF full membership licence it is essential you bring this with you to registration on Saturday, along with a form of ID, in order to collect your race pack. We can accept your registration card or a copy of your licence on your phone/printed.

c) **BTF – Day Memberships**

This year the BTF day licences have been changed. If you have pre-ordered your licence when registering for the Accuro Jersey Triathlon, before Thursday 13 June 2019, you will receive your licence via email and must show this to our registration team when collecting your pack. If you do not show this to our registration team you will be required to purchase one before collecting your race pack. If you have not pre-ordered a BTF day licence we will have a limited number of these available to purchase at registration.

d) **Bike Checks**

*Please note - It is the competitors own responsibility to ensure that their bike is road safe prior to the bike check at the Jersey Triathlon*

If you have any doubts regarding the safety of your bike prior to the Jersey Triathlon then we strongly suggest you book in with Big Maggy’s or another bike provider to give your bike a full service.
When you bring your bike on Saturday 15 June, Big Maggy’s will be doing a quick bike safety check in advance to avoid queuing on Sunday morning. Please note that all competitors will be issued a small sticker for their bike once checked and approved. This sticker will be required on your bike in order to enter transition on race day.

2. **Race Pack Contents**

Competitor race packs and timing equipment is kindly sponsored by the Port Of Jersey.

You race pack will consist of:

- Bib number x2 (For Bike section, your bib number must be displayed on your back, for the run section your bib number must be displayed on your front).
- Timing Chip & Instructions
- Yellow swimming Cap
- Jersey Triathlon tri sticker sets labels for your bike and bike helmet, following the instructions on the sticker sheet. These must be worn!
- Jersey Triathlon double number tattoo – please ensure that both numbers are placed on the upper area of each arm. If you are wearing long sleeves, the numbers should be placed on the visible area of your lower leg.
- BTF Day Race License, if purchased online.

3. **Race Briefings**

All briefings for the individual/team entries and marshals will take place on Saturday 15 June in the Event Marquee at the following times:

- 15:45: Super Sprint race briefing
- 16:15: Jersey Sprint race briefing
- 16:45: Standard race briefing
- 17:15: Junior race briefing

Please note it is compulsory that you attend your race briefing prior to competing. If for any reason you are unable to attend the briefing, please notify the race organisers.

4. **Race Start Times **

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<tr>
<th>Age</th>
<th>Category</th>
<th>Race start time</th>
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<tr>
<td>8 years</td>
<td>Tristars Starts</td>
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<td>9-10 years</td>
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<td>13-14 years</td>
<td>Tristars 3</td>
<td>12:05 pm</td>
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5. **Transition Opening and Closing Times**

Transition for Juniors will open at 09:55 and close at 10:20, ready for the first race category to start at 11:00.
6. **Event Facilities**

The Event Marquee and surrounding area will provide all the necessary facilities you require:

- Toilets
- Changing facilities
- Bag drop area

7. **Prize Giving**

Prize Giving will be at 13:30pm in the Event Marquee and everyone is welcome. Trophies and certificates will be awarded to the following categories.

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<th>Race</th>
<th>Categories</th>
<th>Placing</th>
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8. **Race Weekend Itinerary**

**Saturday 15 June 2019**

- **10:00** Registration open / race packs available (Bike safety checks, until 14.00)
- **11:00** Big Maggy’s bike checks will commence
- **14:00** Big Maggy’s bike checks will conclude
- **15:45** Super Sprint race briefing
- **16:15** Jersey Sprint race briefing
- **16:45** Standard race briefing
- **17:15** Junior race briefing
- **17:30** Registration will close
Sunday 16 June 2019

05:30 Event Marquee opens
Registration & race pack collection opens

05:30 Transition open for Standard, Jersey Sprint and Super Sprint

05:30 Transition closed for Standard, Jersey Sprint and Super Sprint

11:00 TriStars race starts (age 8 years)

11:25 TriStars 1 race starts (ages 9-10 years)

11:50 TriStars 2 race starts (ages 11-12 years)

12:05 Tristars 3 race starts (ages 12-14 years)

12:15 approx Transition opens for junior bike collection

13:30 Prize giving in the Event Marquee

8. Other FAQ’s

1. Do I have to wear a wetsuit?
   All junior athletes MUST wear a wetsuit.

2. Where do I leave my bag?
   There will be a designated bag drop area located inside the Event Marquee. Please note the organisers cannot accept any liability for lost or stolen goods. The Event Organisers will do their best to keep the area as secure as possible, but please do not leave any valuables.

3. What parking facilities are available?
   Parking is available on both Saturday 15 June and Race Day (16 June) for competitors at Les Jardins public car park via the roundabout outside the Radisson Blu Waterfront Hotel – see Transition Map. Please note that they will be no parking on the actual event site this year

4. When do I receive my race number and timing chip?
   You will receive your race number and timing chip in your race pack when you collect this at registration.

5. I didn't buy a Day License when I registered, how do I get one?
   You can buy a Junior Day License for £1.00 when you collect your race pack in the Event Marquee. Please notify the Event Organisers on info@jersey-triathlon.com if you need to buy a Day License.

6. Will water be available during the race?
   There will be a water table located near the Transition area, on the run course and at the finish line. On the Run course please dispose of empty bottles in the bins provided within 200metres of the water station.

7. How do you ensure all Junior competitors complete the correct number of laps of the Bike course?
   Please kindly note it is the athletes’ responsibility to count their own laps.

8. How do I find out my finishing time and when?
   The results will be posted on our website within 24 hours of the event.
9. **Do I need to have my gears restricted?**

   We will not be enforcing gear restrictions for the junior races. However if your bike has been restricted in line with BTF requirements we recommend that these are not adjusted for the race.

9. **Official Charities**

   We are delighted to confirm that the official charities for the 2019 event is the Oscar Maclean Foundation; Silkworth Lodge; Mind Jersey and Littlefeet Environmental!

**Oscar Maclean Foundation**

Oscar Maclean (09.03.04-26.10.13) was a Proper Hero. He lived a short but action packed life, during which he managed to write a spy novel, acquire endless party invitations, numerous sports and various other achievement awards, a great bunch of friends, love of sport and all things fun, as well as demonstrate endless bravery and dignity beyond his years in the face of great adversity.

Oscar has shown an incredible fighting spirit against his deadly enemy- a Grade III Anaplastic Astrocytoma, a malignant brain tumour that eventually stole his young life away from him. But it will never succeed in stealing his wonderful memory away from any of those who knew him. For today and with every single day to come, we will try to change this world into a slightly better place by supporting worthy community causes aimed to help young Cancer patients in Jersey and their families, in Oscar’s name.

A 2015 project that we aim to deliver is the funding of a children's Community Liaison Officer, who will be based at the Hospital. The Liaison Officer will be co-ordinating vital support for children with cancer and other chronic illness and their families - practical, financial and emotional. At present, some of these functions are fulfilled by different charities and departments, but the appointment of a single officer who will coordinate the entire support structure for a family will mean that parents will be able to focus on their child at the time when they need it most, instead of spending hours on the phone calling various charities, states departments or other service providers.

Please help us by showing your support in memory of this gorgeous little boy.

**Silkworth Lodge**

Silkworth Lodge was opened 2002 by The Families in Recovery Trust which is a Jersey registered charity and part of The Silkworth Charity Group.

We offer residential rehabilitation for men and women who are affected by drug and alcohol addiction.

Chemical dependency is particularly prevalent in Jersey. Alcohol consumption is twice that of the UK and one of the highest in Europe. Excessive use of alcohol and drugs places families and relationships under great stress.

Nobody sets out to become an alcoholic or drug addict and it is not a problem of morals or will power. It is a very powerful and confusing illness which destroys a person from the inside and also all those surrounding them.

Silkworth Lodge has proven to be a much needed establishment that helps people to come to terms with their addiction and puts them on the road to recovery. We provide a tailor made programme of treatment which helps the client to rebuild these relationships, regain their self esteem and most of all, enables them to integrate back into society on a new footing.
Mind Jersey

Mind Jersey is an independent local charity that provides support to people living with mental illness. Our vision is of a society that promotes and protects good mental health for all, and that treats people with experience of mental illness fairly, positively and with respect.

Although affiliated with Mind in the UK, Mind Jersey retains its independence, both financially and operationally. All money raised by Mind Jersey stays in Jersey for the benefit of Island residents. Our affiliation ensures that we meet Mind’s quality standards of governance and service delivery, follow best practice models of involving local people in their community – people who have had experience of mental illness – and provide good quality services. This can only be a good thing, demonstrating that we are a serious organisation that works professionally, has a stable management structure and well supported and appropriately trained and skilled staff.

Littlefeet Environmental

To promote coastal and marine conservation on the Island of Jersey through weekly shoreline cleanups, educational and public seminars and collaboration with other conservation charities/organizations in Jersey. Through shoreline cleanups we are able to collect data on the state of coastal pollution, strandings, skate and ray populations through egg case collection and educate the public on the importance of coastal protection both for the benefits of our Island but also on a global scale.

10. Event Sponsors

Thank you to all of our sponsors for their valuable support.

Our title sponsor – Accuro

Accuro’s mission is to care for and protect families and their wealth for the long-term. We do so by attracting and developing exceptional people.

We operate a multi-jurisdictional Trust and Family Office business that works in partnership with international families holding cross-border assets. Our highly personalised services incorporate a flair for entrepreneurial decision-making with a clear understanding of our clients’ needs.

As an owner-managed business, free of private equity, we pursue a longstanding conflict free strategy that is aligned with our clients’ long-term objectives.

Established over 40 years ago, the business has grown to administer and oversee US$10 billion of financial and non-financial assets.

In Jersey, we are regulated by the Jersey Financial Services Commission and we are a member of the Jersey Association of Trust Companies and Jersey Finance.

For more information please visit Accuro’s website www.accurofiduciary.com.
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<th>Service</th>
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<td>Event Brand and Design</td>
<td>Strategic Branding for Ambitious Leaders</td>
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<td>Finish and Gantry Sound</td>
<td>Stage Productions</td>
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<td>Bike Partner</td>
<td>Big Maggy's</td>
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<td>Broadcast Media</td>
<td>BBC Radio Jersey</td>
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11. Contact Details

Email: info@jersey-triathlon.com

Tel: +44 (0)1534 505926

For urgent enquiries on Saturday 30 June and Sunday 1 July, please contact us on 07797 869 407. Alternatively, you can speak to us face to face in the event marquee on site (view the transition map on our website for the location of the event marquee).

12. Start, finish and Transition map

Junior Competitors should note that they will have a separate Transition area, currently not drawn on this map. It will be located next to the main transition and will be made clear in advance of the race.
Junior Course Map

*Please acknowledge the above communication regarding this year’s Swim discipline.

BIKE (Victoria Avenue)

NOTES

SWIM
Junior Swim Time Trial Saturday 15 June at 6pm
BIKE
Junior Bike will start as a Pursuit Style and will start from the Sea Wall

JUNIOR ROUTE
Bike
9-10yrs 100m 200m 300m
11-12yrs 1.5km 4km 6km 8km
13-14yrs 600m 1200m 1800m 2400m

16/06/2019
jersey-triathlon.com