



SWIM BIKE RUN

SUPERSPRINT ROUTE

- 400m
- 2 laps - 10km
- 1 lap - 2.5km

START Les Jardin de la Mer, 2 Layby One, 3 Layby Two, 4 Layby Three, 5 Layby Four, 6 First Tower Cafe, 7 Layby Five, 8 Layby Six, 9 Old Station Cafe, 10 Layby Seven, 11 Bel Royal Slip, 12 La Motte Ford, 13 First Tower, 14 Freedom Tree 15 Radisson Blu Hotel **FINISH**

16/06/2019
jersey-triathlon.com

ACCURO
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